

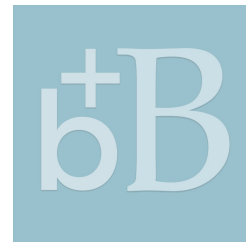
# BETTER & BETTERER

EPISODE 2: UNLEASH YOUR INNER LIBRARIAN  
WITH JERIN JONES

*[BetterAndBetterer.com/2](http://BetterAndBetterer.com/2)*



# Improv Games for Work & Life



## The Complaint Game (Group):

A conductor conducts an orchestra of voices. First go straight down the line and each person states a complaint. "One thing that really bothers me is \_\_\_\_\_. " Then, the conductor folds in the variety by pointing to random people (change tempo, point to two people at a time, quiet it down, raise the volume, and do forth). Lastly, cue a crescendo and cut it off, so everyone can let go of their complaints.

## Sound Game (Group):

One person makes a sound, The next person adds in a sound, then the next and a next. Build an orchestra of voices.

## The Invisible Ball (Group):

Throw the invisible ball (think tiny rubber ball) around the room to each other. Get creative as to how you prepare to throw it (perhaps dribble it first), throw it (maybe shoot it out a cannon), and how you catch it (possibly in a wine glass).

## The Question Game (Group):

Go around in a circle. You can only ask questions. Keep going until someone uses a sentence.

## Spotlight (Group):

Everyone stands in a circle, and someone goes in the middle to kick it off with a song. Teammates take turns tapping out the person in the spotlight. Pick a song that everyone knows like "I'm a Little Teapot" or "Happy Birthday."

## The Sound Game (Solo):

Get louder with it, quieter, hold it longer, raise your pitch, slow it down, and so on. Keep playing with it.

## MadLibs (Solo):

There are tons of MadLibs books to choose from. Filling in the blanks is a form of improv and a great way to start the day!