## WELLNESS CHECKIN

emotional wellness

Intellectual Wellness

Spiritual Wellness

Physical Wellness

occupational wellness

Social Wellness

environmental wellness



 $(\hat{\sim})$  $(\underbrace{\cdot})$  $(\underbrace{\cdot})$  $(\underbrace{\cdot})$  $(\mathbf{x} \mathbf{x})$  $\left( \begin{array}{c} \\ \\ \\ \end{array} \right)$  $(\underbrace{\cdot})$  $(\underbrace{\cdot})$  $(\underbrace{\cdot})$  $(\mathbf{x},\mathbf{x})$ (j)  $\left(\begin{array}{c} \cdot \cdot \\ - \end{array}\right)$ (... रक्षे के  $( \cdot \cdot )$  $(\times \times)$ **;;**)  $\left(\begin{array}{c} \cdot \cdot \\ - \end{array}\right)$ 、金金、 ( $(\times \times)$ (j रक्षे भे  $\left(\begin{array}{c} \cdot \cdot \\ - \end{array}\right)$  $\overline{}$  $(\mathbf{x} \mathbf{x})$  $(\mathbf{i})$  $(\overset{\cdot\cdot}{\frown})$  $(\mathbf{x},\mathbf{x})$ \*\*  $(\underbrace{\cdot}, \underbrace{\cdot}, \underbrace{\cdot$  $\left(\begin{array}{c} \cdot \cdot \\ \frown \end{array}\right)$  $\begin{pmatrix} x & x \\ \end{pmatrix}$